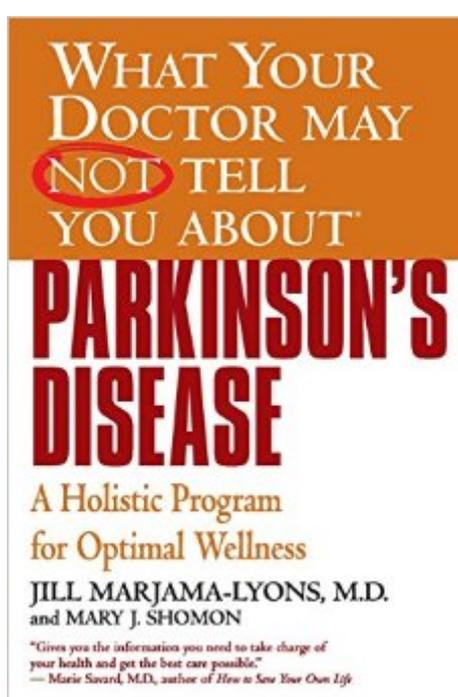


The book was found

# What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program For Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback))



## Synopsis

As well as explaining the mechanisms behind Parkinson's and providing detailed information on its symptoms, diagnosis and conventional treatments, this book includes information on groundbreaking alternative treatments such as Dr Perlmutter's glutathione therapy using non-prescription supplements.

## Book Information

Series: What Your Doctor May Not Tell You About...(Paperback)

Paperback: 448 pages

Publisher: Grand Central Publishing; 1 edition (February 1, 2003)

Language: English

ISBN-10: 0446678902

ISBN-13: 978-0446678902

Product Dimensions: 5.2 x 1.2 x 8 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (29 customer reviews)

Best Sellers Rank: #130,236 in Books (See Top 100 in Books) #24 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #122 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#) #177 in [Books > Health, Fitness & Dieting > Alternative Medicine > Holistic](#)

## Customer Reviews

The author states that toxins that increase free radicals can be a cause of Parkinson's. Aluminum and mercury can increase free radicals in the body. My father developed PD in 1980 as a result of the intake of toxic metals. . I tried to treat him with nutrition and detoxification. In his case aluminum and mercury were the two most important toxic metals. He would not eat what I suggested and would binge on cookies and ice cream whenever he got the chance. Aluminum salts are used in these foods as an emulsifier to prevent caking. He also would drink municipal tap water that is a source of aluminum. His shaking would become so severe that he couldn't read a book, he would shuffle his feet rather than normal walking and he would uncontrollably smack his lips. I would give him a soak in a detox bath and when he got out after a half hour these aforementioned symptoms would be about one tenth as severe as before he had the detox bath. Every week or two he would get his detox bath always with the same good results. But he loved sugar containing foods and continued to eat them whenever he went out to a party, gathering or if he could get someone to get

some for him when I was busy doing something else. What I put in the bath was a mild chelator that pulled the aluminum out of the skin but I have now discovered that Malic acid is even better. Beer and wine making supply stores sell Malic acid for food/beverage use. sells a pound of food grade malic acid for \$19. It used to be available in sour apples but now most apples are sweet and contain very little. It is also sold as magnesium malate which can pull aluminum out of the brain. Unfortunately you can only take a few capsules a day without upsetting the calcium magnesium ratio.

For the past 14 years an extremely close friend of mine has had many unexplainable symptoms (lack of smell, muscle cramping, choking, extreme abdominal pain with nausea after eating fiber or fat-rich foods, etc.) This November 2015 I noticed a resting tremor in the arm on his left side. This was the first time I suspected his issues were related to one disease which might be Parkinson's Disease (PD). However, I still dismissed this possibility because tremors can be related to other medical issues (one of which is benign) and he has only had this tremor three times. Periodically over the past several months I noticed him walking slower, a frozen facial expression, and his right hand curled in front of him as if he had a stroke. On Dec 5, 2015 he really exhibited the slow walking, frozen face, and curled hand and he took forever to dress that morning. Later that evening I became certain (in my opinion) that he has PD due to his telling me about a change in his handwriting which I did not witness. Unfortunately, he refuses to go to the doctor or seek medical help from a neurologist even when I told him I believe he has PD. On extremely rare occasions he'll go to see a particular specialist for whatever ailment is almost killing him at the moment. As a result, since December 2015 I've completely immersed myself in learning about PD with some cursory investigation of illnesses that exhibit Parkinson-like symptoms because I wanted to be sure I was on the right track. Besides searching the Internet for information, I purchased seven (7) books on Parkinson's Disease (PD) of which this book is one.

[Download to continue reading...](#)

What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition and Lifestyle Program to Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM) IBS: Eliminate Your Symptoms and Live a Pain-free,

Drug-free Life (What Your Doctor May Not Tell You About...(Paperback)) What Your Doctor May Not Tell You About(TM): Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty (What Your Doctor May Not Tell You About...(Ebooks)) What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone (What Your Doctor May Not Tell You About...) Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Holistic Relaxation: Erase Anxiety!: Effective Natural Therapies, Stress Management Techniques, Holistic Remedies and Wellness Coaching for Busy People (Anxiety, Mindfulness, Yoga, Relaxation Book 1) The Wellness Doctor's Guide to Preventing and Reversing Osteoporosis (The Wellness Doctor Series Book 1) What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life Optimal Health with Parkinson's Disease: A Guide to Integrating Lifestyle, Alternative, and Conventional Medicine The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease (100 Questions & Answers) The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease Hormone Balance for Men: What your doctor may not tell you about prostate health and natural hormone supplementation. What Your Doctor May Not Tell You About Menopause What Your Doctor May Not Tell You About Pre-Menopause The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[ THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN ] by Cohan, Wendy (Author ) on Nov-09-2010 Paperback The Doctor Is In: A 7-Step Prescription for Optimal Wellness The Parkinson's Disease Treatment Book: Partnering with Your Doctor to Get the Most from Your Medications

[Dmca](#)